



Good Hands
DENTAL CARE AFRICA
Restoring Smiles



Registration No: [80034970248105](#)

Annual Outreach Report: CARING FOR COMMUNITIES IN AFRICA

RESTORING SMILES

Date: [Current Date]

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1. Introduction

Dear Donors and Supporters,

We are thrilled to share with you the Annual Outreach Report for Good Hands Dental Care Africa. This year, we conducted fifteen transformative dental outreach events across various regions in Africa. Your unwavering support enabled us to deliver critical dental services, including extractions, fillings, oral health education, and toothpaste distribution, to thousands of individuals in need. We are excited to present the achievements and impact of these initiatives.

2. Our Mission

Good Hands Dental Care Africa is dedicated to improving oral health and overall well-being in underserved communities across Africa. We strive to provide accessible dental care, educate communities on oral hygiene practices, and distribute essential dental supplies to ensure sustainable oral health improvements.

3. Overview of 2023-2024 Outreaches

In 2023-2024, our team conducted fifteen dental outreaches in various regions, including Kalangala island, central region, western region, and more. These outreaches were aimed at

providing comprehensive dental care and education to communities with limited access to dental services. Our efforts focused on:

- Extractions: Relieving pain and preventing infections through the removal of severely decayed or damaged teeth.
- Fillings: Restoring function and aesthetics by filling cavities and preserving natural teeth.
- Oral Health Education: Promoting preventative care and healthy oral hygiene habits through interactive workshops.
- Toothpaste Distribution: Providing free toothpaste to encourage regular brushing and maintenance of oral hygiene.



4. Key Achievements

4.1 Number of Patients Treated Throughout the fifteen outreaches, we treated a total of 2,093 patients. This included performing 860 extractions and fillings, significantly improving the dental health of individuals in these communities.

4.2 Oral Health Education Workshops We conducted a number of oral health education workshops, reaching over 540 participants. These workshops covered essential topics such as proper brushing techniques, the importance of regular dental check-ups, and dietary advice for maintaining healthy teeth and gums.

4.3 Toothpaste Distribution During our outreaches, we distributed 2,160 tubes of toothpaste and toothbrush, ensuring that families had the necessary resources to maintain their oral hygiene routines at home.



5. Outreach Highlights

Outreach 1: Kalangala island at St Elizabeth health center on 16th December 2023

- Number of Patients Treated: 288 individuals
- Services Provided: 103 Extractions, 24 Fillings, 12 scaling ,Oral Health Education, Toothpaste Distribution
- Highlight: A local health center partnered with us, allowing us to educate on oral hygiene ,providing dental care to underserved people on the island because it is very hard to access dental treatment and distribute toothpaste to all .

Outreach 2: Bamunanika -kiteme at Treasure Harvest church on 6th January 2024

- Number of Patients Treated: 102 individuals
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution
- Highlight: Community leaders expressed their gratitude and emphasized the positive impact of our services on the overall health of the community.

Outreach 3: Ziobwe- Bukimu Village on 25th January 2024

- Number of Patients Treated: 97
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 4: Mukono -Nantabulira ward on 30th January 2024

- Number of Patients Treated: 46
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 5: Wakiso - Nakabugo at Action in Africa Nakuwadde on 3rd February 2024

- Number of Patients Treated: 138
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 6: Kampala -Namirembe at Buganda kingdom on 1st march 2024

- Number of Patients Treated: 400
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 7: Mpigi Town Council -Bumoozi at kingdom medical Centre on 15th march 2024

- Number of Patients Treated: 85
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 8: Masajja Division Busabala on 30th march 2024

- Number of Patients Treated: 65
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 9: kampala- Nabisunsa at Kyambogo collage school on 9th April 2024

- Number of Patients Treated: 71
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 10: Kyadondo-Masooli at Moonlight health Centre on 19th may 2024

- Number of Patients Treated: 95
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 11: Islamic university in Uganda -female campus on 1st June 2024

- Number of Patients Treated: 110
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 12: Kanungu on 21st and 22rd June 2024

- Number of Patients Treated: 306
- Services Provided: Extractions, Oral Health Education, Toothpaste Distribution

Outreach 13: Ziobwe- Nambi at project Orphan on 17th -18th July 2024

- Number of Patients Treated: 161
- Services Provided: Extractions, Fillings, Oral Health Education, Toothpaste Distribution

Outreach 14: Kampala- Lubyia at Hoje medical Centre Namungoona at 20th July 2024

- Number of Patients Treated: 111
- Services Provided: Extractions, Fillings, scaling ,Oral Health Education, Toothpaste Distribution

Outreach 15: children outreach with impacting villages in Africa on

Kampala – Mutungo 3rd August 8, 2024

Nansana- Buwambo 4th August 8, 2024

Mukungwe-bulayi Masaka at care and love 5th august 2024

Kasaali Town council-kigenya Mirembi village 6th August 2024

Services Provided: Oral Health Education

Impact and Outcomes

Beneficiaries

- **Total Individuals Served:** 2,160
- **Age Groups:** Children (6-12 years), Adolescents (13-19 years), Adults (20-59 years), and Seniors (60+ years)
- **Gender Distribution:** 55% Female, 45% Male

Feedback and Testimonials

Participants provided positive feedback, expressing gratitude for the relief from dental pain and the valuable information on maintaining oral health. Testimonials included:

- "I can finally eat without pain. Thank you so much for your help!"
- "I learned so much about how to take care of my teeth. This will help me and my family."

Challenges and Solutions

1. **Limited Resources:** The high demand for services sometimes exceeded our resources. To address this, we implemented a triage system to prioritize urgent cases.
2. **Awareness and Participation:** Initial outreach events had lower participation rates. We increased community engagement efforts through local partnerships and awareness campaigns, which significantly improved attendance in subsequent events.

6. Impact Stories

Story 1: Restoring Smiles in [Location] [Description of a specific case where a patient received dental care, highlighting the impact on their health and quality of life.]

Story 2: Educating the Next Generation in [Location] [Description of a successful oral health education workshop, emphasizing the engagement and feedback from children and parents.]

7. Financial Overview

7.1 Revenue and Expenditure In 2023-2024, Good Hands Dental Care Africa family received a total of 13 million Uganda shillings only in donations. These funds were allocated as follows:

- Dental Services: 9.8 million Uganda shillings only
- Educational Programs: 2.2 Million Uganda shillings only
- Administrative Costs: 1 Million Uganda shillings only

7.2 Transparency and Accountability We maintain a commitment to transparency and accountability. Detailed financial statements are available upon request, and we conduct regular audits to ensure the responsible use of donor funds.

8. Future Plans

Our future plans include:

- Expanding outreach programs to more regions in Africa.
- Purchasing a vehicle that will enable us to serve thousands of people in rural areas
- Purchasing three complete portable dental chairs
- Building a community hospital
- Increasing the number of mobile dental clinics to reach remote areas.
- Developing new partnerships with local schools and community organizations.
- Launching new educational campaigns focused on preventative care.

9. Acknowledgments

We extend our heartfelt thanks to all our donors, volunteers, partners, and staff. Your support and dedication have been instrumental in our success. Together, we are making a significant difference in the lives of those who need it most.



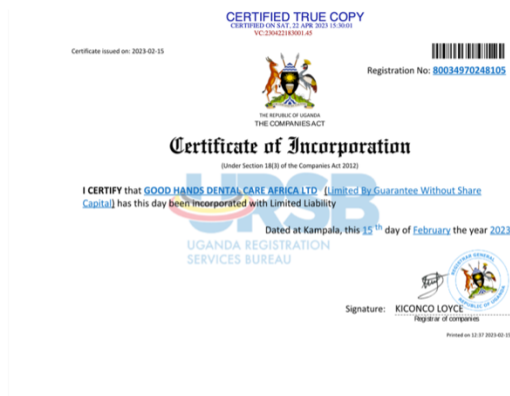
10. How You Can Help

There are many ways to support Good Hands Dental Care Africa and contribute to our mission:

- Make a donation: Bank of Africa - 04265800000
 - \$10: Provides flouride treatment to five children.
 - \$25: Provides oral health education materials for a community outreach event.
 - \$50: Covers the cost of dental supplies for five patient's treatment.
 - \$100: Supports the training of a local oral health professional.
 - \$250: Helps establish a mobile dental clinic in a remote area.
 - \$500: Enables us to conduct a dental outreach program in an underserved community.
 - \$1,000: Supports the setup and operation of a dental clinic for one month.

- Volunteer with us.
- Spread the word: Follow us on social media and share our mission with your network.
- Partner with us: Contact us to explore partnership opportunities.

CERTIFICATE OF REGISTRATION FOR OPARETION



BANK ACCOUNT DETAILS

BANK OF AFRICA

ACCOUNT NAME: **GOOD HANDS DENTAL CARE AFRICA LTD**
 ACCOUNT NUMBER: **04265800000**



11. Contact Information

For more information about our programs, volunteering, or donations, please contact us at:

Good Hands Dental Care Africa
 P. O BOX 116611, Kampala- Uganda
 Website: www.goodhandsprojects.org
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Thank you for being a part of the Good Hands Dental Care Africa family. Together, we are creating brighter, healthier smiles and a better future for all.

Warm regards,



SSENYONGA GEOFFREY
DIRECTOR



BETHO BRENNAN NABUKEERA
SECRETARY